

Nicolle Nattrass

Instructor/ Facilitator

Education

B.F.A. in Theatre, Acting Specialization. University of Victoria, 1991.
Ecole Internationale de Theatre Jacques Lecoq, Summer Intensive. 1995.

Professional Memberships

ACTRA, Full Member since 1994.
CAEA, Full Member since 1994.
Playwrights Guild of Canada, Member since 2000.
CAC II, Certified Addiction Counselor since 2006.

Professional Studies & Workshops

Vancouver Youth Theatre, Director's Workshop.
Playback Theatre: Rob Osbourne
Ethics and Boundaries, Linda Cox M.S.W., R.S.W.
Communication Skills I & II, Linda Cox M.S.W., R.S.W.
Voice-Over workshops: Cathy Weseluck & Marcie Goldberg.
CBC Writing Comedy for Radio: Kathleen Flaherty/A. Leo/T. Elvidge.
On Camera Audition: Sid Kozak, Michelle Allen, Bernadette Jones.
Scene Study on Camera: P.Lynn Johnson.
Dance & Movement: Toronto's Theatre Rusticle.
Documentary Film-making, LIFT Toronto.
Visceral Playwrighting I: Linda Griffiths.
Conflict Resolution, Children's Peace Theatre.

Teaching Experience

Vancouver Coastal Health (North Vancouver, BC)

Facilitated a writing workshop with a group of high risk teens as part of a Relapse Prevention & Recreation program. June 13-15/2008

Theatre BC, Mainstage Festival 2008 (Nanaimo, BC)

Facilitated two professional workshops -Auditioning Skills: Monologues and Solo Show Intensive. Port Theatre, July 6 &10/2008.

Vancouver International Children's Festival 2008 (Victoria, BC)

Taught a workshop "Introduction to Improvisation for Kids" (10-14 years old)

Solo Show Weekend Intensive Level I /Level II

Creator & Facilitator of workshops for *Actors/Writers who want to write & perform their own solo show*. Ongoing Workshop instructor-using writing exercises, improvisation and character work to generate material for a successful solo show. Various locations in Toronto, Vancouver & Victoria.

Girl Guides of Canada & Chemainus Theatre (Chemainus, BC)

"Boldly Going Where No Girl Guide has gone before" Workshop with pre-teens & teen Girl Guides. Exploring theatre games, basic acting techniques, open scenes and characterization. July 24 & 26/2007.

Children's Peace Theatre (Toronto, Ontario)

"Conflict Transformation" workshops, with high school teens, using improv to explore conflicts, consequences and peaceful alternatives.

Medway High School (London, Ontario)

Workshop with high-school drama students, teaching techniques to develop strong characters and strong objectives.

Aboriginal Friendship Centre (Vancouver, BC)

Young adults 6 week theatre program. Voice, movement, characterization and playwriting resulting in an invited community theatre performance.

Carousel Theatre Acting School (Vancouver, BC)

Acting teacher for the full time Acting program, ages 8-12, 12-14 and 14-16 years old. Beginners to Intermediate.

William Head On Stage (Victoria, BC)

Theatre Instructor. Acting instructor to adult males, focused on voice, characterization, reading and interpreting plays as well as teaching improvisational techniques. The workshops were filmed and used in a documentary called "Theatre Behind Bars." (Knowledge Network)

University of Victoria Summer Theatre Program (Victoria BC)

Summer Theatre Instructor. Acting, Voice, Movement and Youth Play development. Ages 10-14.

Special Skills

Dramaturgical support and writing consultations for new playwrights.

One-on-one Coaching for actors preparing for auditions in theatre, film/TV & commercials.

Experience tutoring conversational English with ESL students.

Experience coaching opera singers and voice actors.

Knowledge & experience of Theatre Sports.

Four years supervised work experience conducting counseling interviews/assessments to assist individuals in gaining insight into personal problems, define needs, goals, and increasing possibilities in their lives.

Specialty in using creativity- journaling, meditation & interactive play to access interests, goals and increase self- awareness and confidence.

Professional Achievements

2009 Serving as Deputy Chair for the Women's Caucus, Playwrights Guild of Canada.

2008 Juror for National Playwriting Competition, Theatre BC.

2008 **Brownie Points**, the short film won "Best Performance" at the Vancouver Island Short Film Festival.

2005 American premiere of **Brownie Points**, Red Hen Feminist Theatre, Cleveland, Ohio. Writer & Co-Director.

2003 **Brownie Points** won "Best Short Film-Comedy" at the Magnolia Independent Film Festival. Mississippi USA. Writer, Performer & Producer.

2002 Nominated for "Volunteer of the Year" Award, Munro Centre.

2002 Winner of "Capital Critics Award" for **Perfect Pie**, Best Production.

2000 Received professional workshop & reading of my full length play, **Good Housekeeping**, at the Vancouver Playwrights Theatre Centre.

1998 **Brownie Points** received nominations at the Jessie Richardson Theatre Awards in the New Play Category for **Outstanding Performance & Outstanding New Play.**

References available upon request.